

WHAT IS THE SHELTER?

The Shelter is a safe place where women can go to escape domestic violence. It is a modern building in an out of town location. If you're scared for your life, or not prepared to put up with abuse any longer, then you can come to the Shelter for a maximum period of six months.

If you have children, boys under 15 and girls under 17 are welcome to join you at the Shelter. If you are a young woman over the age of 16 years who is in an abusive situation you can also come to the shelter. Arrangements can be made for any children accompanying you to the shelter to attend nearby schools.

Through generous donations and other support we are able to supply you with not only a safe place to stay, but also food and other essentials.

WHAT WILL I DO AT THE SHELTER?

We can help you to gain marketable skills including non-traditional ones while you are at the Shelter.

Whatever you want to learn more about, we will try and help you find a course, or somebody to teach you.

You can also be involved with any on-going self sustainability projects at the shelter.

If you wish to build on the skills you already have, programmes may be available, such as those dealing with:

- Literacy skills
- Parenting Skills
- Home Economics
- Budgeting

If you have a job and want to continue working you can go to work and return to the shelter on a daily basis. In a similar way if you are a student and wish to continue with your studies while at the shelter, this can be done.

WILL I BE SAFE?

The Shelter's location is kept secret and we will not let anyone know where you are.

In addition, we have security guards on duty round the clock and an alarm system backed up by a 24 hour response unit.

ARE THERE RULES?

Yes, but only for the safety and comfort of everyone at the Shelter.

Our main rule is against violence, and anyone who is abusive in any way towards a member of staff, another resident or a child may be asked to leave.

WHAT WILL I DO WHEN I LEAVE THE SHELTER?

While you are at the Shelter we will help you explore your options so that you can decide what to do after you leave.

We may be able to help you find a job or support you in other ways. Skills learnt at the Shelter will help to equip you for life after you leave.

WHAT IS THE AIM OF THE SHELTER?

The Shelter was built because leaving an abusive situation is a difficult thing to do, and a woman can be extremely vulnerable at this time. Long term abuse can leave you cut off from family, friends, and access to finances, making it seem impossible to leave and gain some independence.

The Shelter aims to help you through this vulnerable period, to act in place of the family or friends you may have lost touch with and to give you the space and power to help yourself.

We aim to give you the breathing space to figure out what you need to do to rebuild your life, and the support to enable you to do it.

If you (need to go to the shelter) or would like more information please contact us at;

Help & Shelter

Ministry of Housing Annexe
Homestretch Avenue
Durban Park
Georgetown

HOTLINE: 231-7249
Phone: 227-3454, 225-4731, 227-8353
Email: hands@networksgy.com
Website: <http://www.hands.org.gy>

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Help & Shelter

The Shelter



You do have options