

HELP & SHELTER

**COUNSELLING, COUNSELLING TRAINING & ORGANISATIONAL CAPACITY BUILDING
PROJECT**

(Funded by CIDA's Gender Equality Program)

**PARTICIPANTS' EVALUATION OF CAPACITY-BUILDING WORKSHOPS WITH
COMFORTING HEARTS**

**(26th – 28th October 2009 and 24th – 25th November, 2009 at Comforting Hearts Office, Lots 3-17
King Street, New Amsterdam, Berbice)**

Participants:

Number who attended the first workshop: 23

Females: 17 – 74%

Males: 5 – 22%

No record of gender: 1 – 4%

Number who attended the second workshop: 20

Number of female attendance: 16 – 80%

Number of male attendance: 3 – 15%

No record of gender: 1 – 5%

Age range:

22 – 63 15 – 75%

No record: 5 – 25%

Topics covered:

- Self
- Gender
- Domestic Violence and Domestic Violence Act
- Child Abuse
- Substance Abuse
- Introduction to Alcohol Anonymous
- Narcotics Anonymous and how it works and why
- Anger Management
- Dealing with the male Perpetrator

Participants' Evaluation

	Yes Definitely	Somewhat	No, Not At All	No Response
Was the information presented in a way you could understand?	19 -95%	-	-	1 – 5%
Did you learn new ideas or skills?	19 – 95%	1 – 5%	-	-
Did you enjoy the activities?	18 – 90%	2 – 10%	-	-
Did the workshop increase your knowledge and understanding Self?	17 – 74%	4 – 17%	-	2 – 9%
Did the workshop increase your knowledge and understanding of Gender and Gender Roles?	19 – 83%	4 – 17%	-	-
Did you gain new knowledge and insight into Domestic Violence?	22 – 96%	1 – 4%	-	-
Has the workshop increase your knowledge about the ways to assist persons in DV situations?	21 – 91%	2 – 9%	-	-
Do you have a better understanding of the DV and how it works?	23 –100%	-	-	-
Did the workshop increase your understanding of Child Abuse?	19 – 83%	1 – 4%	1 – 4%	2 – 9%
Are you better equipped to assist in preventing Child Abuse?	18 – 78%	3 – 13%	-	1 – 4%
Did you gain new knowledge and information on Substance Abuse?	19 – 83%	3 – 13%	-	1 – 4%
Did the session help you to understand key concepts of Alcohol Anonymous?	12 – 60%	8 – 40%	-	-
Did you understand Narcotics Anonymous and how it works?	14 – 70%	6 – 30%	-	-
Did you understand Anger Management and how you can deal with it?	17 – 85%	3 – 15%	-	-
Do you understand how to deal with the male perpetrator? Have you gain new skills during the session?	14 – 70%	5 – 25%	-	1 – 5%

	Yes Definitely	Somewhat	No, Not At All	No Response
Were you satisfied with the way the workshop was facilitated?	21 – 92%	1 – 4%	-	1 – 4%
Did you think the facilitator(s) did a good job of presenting the topics?	19 -95%	1 – 5%	-	-
Do you think there was enough time for group work and sharing of information?	15 – 65%	8 – 35%	-	-
Was the venue comfortable and conducive for learning?	15 – 75%	5 – 25%	-	-
Were you satisfied with workshop venue, arrangements and meals?	15 – 65%	8 – 35%	-	-
Were the handouts useful and informative?	17 – 85%	3 – 15%	-	-

Participants' Assessment

What participants learnt

- To be able to handle situations they face every day.
- Understanding how Gender Roles, Self and equal rights can help them as a person.
- How to channel anger into motivation.
- How to determine a substance abuse addict.
- Ways to relate to children from childhood to teenage years.
- The role plays which gave participants a clearer view on topics discussed.

What participants found least useful

- Not understanding Narcotics Anonymous information.
- The role plays; Self, Gender and Gender Roles.

What participants found most useful

- The Domestic Violence Act and how it can be useful in Domestic Violence cases.
- How to help prevent Child Abuse and Substance Abuse.
- The role play, which helps us to understand how families are affected.

What participants learnt that was new

- Anger problems and addiction; how to deal with them.
- How to help persons who abuse drugs.
- Identifying who and what makes a perpetrator.
- Taking steps to narcotics recovery.
- All not totally new, but an enhancement to what is already known.

How participants will use the knowledge gained

- To assist and inform others about what they've learnt from the workshop.
- By applying knowledge gained to their work.

Overall Assessment

The workshops were informative and we were happy that persons came and provided information so it can be used in their daily work. Participants were encouraged and need more of these sessions.